



## Mrs. Helen Beatrice White

June 4, 1932 - May 22, 2015

Mrs. Helen White of High River, Alberta passed away on Friday, May 22, 2015 at the High River Hospital at the age of 82 years. Helen is survived by her husband of 57 years Arnold “Arnie” White; son Glen (Sylvia) and their children Shane (Angela), Lance (Renee) and Nicole (Clark) all of Saskatoon, Saskatchewan; son Gary and his children Alan, Hayley and Jake all of Olds, Alberta; son Bruce of Calgary, Alberta and many great-grandchildren. Helen was predeceased by her brothers David, Dennis and Alex Kean.

Helen was born in Summerland, BC where she lived until entering the Royal Columbian Hospital School of Nursing at New Westminster, BC where she graduated as a Registered Nurse in 1956. After graduating, Helen moved to Trail, BC where she began working in the Trail Regional Hospital. At Trail, she met and married Arnie White in 1957. Helen and Arnie continued to live at Trail until 2005 before moving to High River, Alberta to be closer to their sons and their families.

Besides raising her family, Helen worked tirelessly in her profession. She re-oriented to work on various hospital wards, and the Victorian Order of Nurses. Her volunteer career included mastectomy counseling, blood donor clinics and fund-raising for the United Way. She loved participating in sports – basketball, skiing, curling and golf. With her husband Arnie she enjoyed travelling across Canada in their motorhome, as well as tours to Britain and Europe. She was an enthusiastic bridge player. Her family and friends were her life and she

spent many hours enjoying them.

A Private Service was held.

Special thanks to Edie and Bob Simanton, to Rev. Henry Friesen, to Dr. Ogoke and to all of the staff at the High River Hospital for their care and support. Memorial donations may be made to the Canadian Cancer Society ( [www.cancer.ca](http://www.cancer.ca) ) or the Alzheimers Society ( [www.alzheimer.ca](http://www.alzheimer.ca) ) .

To send condolences and view Helen's Tribute Page please visit [www.lylereeves.com](http://www.lylereeves.com) . Caring for the family is Lyle Reeves Funerals of High River (403.652.4242).

# Tribute Wall

VB

“ *Arnie, Glen, Gary, Bruce :& Families,*

*I Know you are all feeling the profound loss of your wife, mother and grandmother. On Saturday and In the years ahead you will share the wonderful memories you have of Helen and find comfort in remembering her amazing role in your lives. Wish I could have shared the time with you at the Tea to remember Helen. Please accept my heartfelt sympathies and know you are in my thoughts. Sent with love and hugs to you all,*

*Vi Bredin*

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**Vi Bredin** - June 05, 2015 at 09:35 AM



HT

“ *Arnie and family,*

*It is with sadness I read of Helen's passing. I often think of happier times on Carnation Drive, watching our families grow up. You were great neighbors and Helen was always the caring and efficient Health provider when our kids needed minor medical attention and had the magic of making the hurt go away. She truly was a beautiful lady.*

*I'm sure the past few years has been a difficult journey for you and your family, but I believe Helen is now at peace. Our thoughts and prayers are with you and your great family Arnie Herb Teindl and family*

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**Herb Teindl** - June 02, 2015 at 01:29 PM

TA

“ Dear Arnie, Glen, Gary and Bruce.

*Very sorry to hear about Helen.*

*We have special memories of Helen and her boys. Many a morning Trude, Rhys and later on Martin would join Helen and the kids for a visit and a play date. When we were altogether Arnie and Craig would talk about the latest car models. We look back with affection, thankful that we met early on as young families. Rhys now works at Selkirk College, Martin is a teacher in West Vancouver and Claire lives in Seattle. Craig and I moved ten years ago to North Vancouver but have a cabin on the Kootenay Lake where the family comes together each summer, trying hard each year to make the annual trip into Trail for a Colander dinner and a swing through Glenmerry.*

*So happy to see that finally Helen was joined by some girls in the family.*

*With love to you all  
Trude and Craig Andrews*

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**Trudean and Craig Andrews** - June 01, 2015 at 12:03 PM

ID

“ <http://blogs.theprovince.com/2015/01/28/jess-hanson-lfas-star-guard-ready-to-write-her-own-chapters-amidst-deep-family-ties-at-ubc>

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**iris debiasio** - May 29, 2015 at 05:44 PM



“ To Arnie and Family I wish to send my sincere condolences thoughts and prayers to you in the loss of Helen. I met Helen when my Dad was dying of Cancer. I will never forget her kindness and compassion as she helped me through the death process. By the look on her face - she found it as hard as I did to witness his death. Helen was a special lady and I will never forget her.

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**Ann Johnstone** - May 29, 2015 at 05:01 PM

CB

“ Thoughts and prayers are with you. ~ Chaplain Virginia

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**Chaplain Virginia Battiste** - May 29, 2015 at 01:58 AM

LG

“ So sorry to hear of Helen's passing. Our thoughts are with you and all your family.  
Gene and Lida Gambin

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**Lida Gambin** - May 28, 2015 at 03:47 PM

JM

“ So sorry to hear of Helen's death. I worked with Helen many years ago at the Trail Hospital supporting cancer patients. She was a very sensitive and caring nurse, dedicated to helping people "heal" in all ways. My condolences and prayers go out to her family. John Marko. (retired Health Care Social Worker)

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**John Marko** - May 27, 2015 at 11:02 PM

JW

Sorry to hear of Helen's passing . It has been many years since we worked together at Trail hospital but it was always a pleasure to be on shift with her - so kind and calm with the patients. Lovely lady!  
Condolences and prayers to the family.

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**Jan Westbury** - June 02, 2015 at 05:17 PM