



Mrs. Norma Rose Pawlak

September 14, 1950 - May 11, 2026

Norma Rose Pawlak (nee: Brooks) passed away on Monday, May 11 at the age of 75 from complications due to Alzheimer's disease. Norma captured the headlines the day she was born, September 14, 1950, making her entrance into the world in the backseat of a taxi, enroute to the hospital in Sydney, Nova Scotia. This is likely where her ability to always add an exciting twist to everyday events came from.

Norma moved west and settled in Calgary, AB in her teens where she met her husband, Terry. They moved to Cochrane, AB in 1976 and raised their three children, Nicole, Cori, and Lindsay. Norma earned her university degree as a "mature" student and graduated with her Bachelor of Education in 1994. She first taught and then worked as a principal in several schools in Cochrane and Calgary, a career she was proud of. There have been many times over the years that her family has heard how much her students loved Mrs. Pawlak.

Norma's biggest pride was for her grandchildren, all eight of them. She loved being their Nana and always thought of the smallest details to bring smiles to their faces, making any occasion a special one. Whether it was a classic sleepover at Nana's, a wild ice cream sundae party with 23 toppings to choose from, or a fun outing for the day, Nana's grandkids meant the world to her. She was also very excited to learn that she was going to be a Great-Nana this coming August with her first great-grandchild on the way.

The family will be holding a private celebration later this summer to honour Norma. Norma always loved to ask her favourite people out for lunch—her treat. A lovely way to remember Norma might be to take someone you love out for lunch, make it your treat, and tell them your favourite story about her.

In lieu of flowers, please consider a donation to the High River District Health Care Foundation, www.highriverhealthfoundation.ca.

Caring for the family is Lyle Reeves Funerals of High River (403.652.4242).

Tribute Wall

SM

“ Dear Nicole, Cori, Lindsay and families,

I am deeply saddened to hear of the loss of your Mom. Norma and I met and became friends when we both worked at Andrew School in Cochrane. It was the best of times with a great staff.

As happens in life, Norma and I went our separate ways and lost touch over the years. No matter, I will always remember fondly the fun and sad times we shared together. She was a great support at a time when I needed it most. Some of the best memories were of the parties at the Pawlak house in Cochrane. Tequila Pigs comes to mind.

I was very happy for her when she returned to school and got her teaching degree. She went on to have the wonderful career that she deserved.

My thoughts go out to you on the loss of a wonderful mother, grandmother, friend and woman. May your memories help to ease the pain of your loss.

With love and caring,

Shirley Marsh

Shirley Marsh - May 17 at 12:10 PM

AB

“ *My deepest condolences. I loved getting to know Norma over the past few years at seasons. She was a Gem and will be deeply missed.*

Alix Bourque - May 12 at 09:15 AM

EH

“ Norma was such an amazing, kind person. She will be deeply missed.

Emily Henly - May 11 at 10:16 PM

CM

“ Norma will be deeply missed. She made a long lasting impact on me with her positivity. She always went out of her way to meet new people and show them around the home. She was our go to resident attending almost everything. My daughter attended the reading program and Norma was her buddy. Norma encouraged and made her a confident reader.



Chrystal Maude - May 11 at 09:48 PM

MC

Norma was one of the First Ladies I met at Seasons. We had some wonderful conversations and I will always remember her sweetness. She was an outstanding example of what kind and thoughtful people are. She will be missed. My thoughts are with her family during this extremely difficult time.
Myrna Carr

Myrna Carr - May 11 at 11:31 PM

LB

Norma had a huge heart. After I divorced her twin brother Norma, myself and my daughters stayed very close to her and her daughters. When my father passed away I sent my girls to stay with her family while I experienced a tragedy. Norma accomplished her dreams through her lifetime, after having her three wonderful daughters going to U of C to obtain her degree. Through her work in the school system she has influenced the positive destiny of many of her students. My daughters and myself are going to feel a huge void in our hearts. We love you Norma, rest in peace. Hugs to Nicole. Cory and Lindsey, love you lots.

Linda Brooks - May 14 at 07:58 PM



I met Norma when my Mom (Wyn Greer) moved into Seasons . Norma was her first friend and welcomed Mom with open arms. They would walk across the field to buy Lottery tickets and I remember them both being so excited because they thought Norma had a big win! Mom passed away shortly after but Norma made a real impact in the short 3 months my Mom lived there . My thoughts are with her family during these very difficult days.

Kendra Wegener

Kendra Wegener - May 19 at 05:44 PM