



## Mrs. Norma Rose Pawlak

September 14, 1950 - May 11, 2026

Norma Rose Pawlak (nee: Brooks) passed away on Monday, May 11 at the age of 75 from complications due to Alzheimer's disease. Norma captured the headlines the day she was born, September 14, 1950, making her entrance into the world in the backseat of a taxi, enroute to the hospital in Sydney, Nova Scotia. This is likely where her ability to always add an exciting twist to everyday events came from.

Norma moved west and settled in Calgary, AB in her teens where she met her husband, Terry. They moved to Cochrane, AB in 1976 and raised their three children, Nicole, Cori, and Lindsay. Norma earned her university degree as a "mature" student and graduated with her Bachelor of Education in 1994. She first taught and then worked as a principal in several schools in Cochrane and Calgary, a career she was proud of. There have been many times over the years that her family has heard how much her students loved Mrs. Pawlak.

Norma's biggest pride was for her grandchildren, all eight of them. She loved being their Nana and always thought of the smallest details to bring smiles to their faces, making any occasion a special one. Whether it was a classic sleepover at Nana's, a wild ice cream sundae party with 23 toppings to choose from, or a fun outing for the day, Nana's grandkids meant the world to her. She was also very excited to learn that she was going to be a Great-Nana this coming August with her first great-grandchild on the way.

The family will be holding a private celebration later this summer to honour Norma. Norma always loved to ask her favourite people out for lunch—her treat. A lovely way to remember Norma might be to take someone you love out for lunch, make it your treat, and tell them your favourite story about her.

In lieu of flowers, please consider a donation to the High River District Health Care Foundation, [www.highriverhealthfoundation.ca](http://www.highriverhealthfoundation.ca).

Caring for the family is Lyle Reeves Funerals of High River (403.652.4242).