



Mrs. Sheila Sue Gehrke

June 26, 1940 - June 29, 2022

Sheila Gehrke of High River, Alberta passed away peacefully at the High River Hospital surrounded by her family, on June 29, 2022 at the age of 82 years. Sheila is survived by her loving husband Allan, her son Ray (Darlene), her daughters Colleen (Bob), and Carol (Jim). She is survived by three grandchildren Randahl (Darien), Christy (Bryan), Garrett (Sam), and four great grandchildren; Oliver, Sawyer, Preslie, and Trae. Sheila is also survived by her sisters Mary (Max), Leslie (Larry), and brother Grant (Sharon), as well as many nieces and nephews.

Sheila was born in High River, Alberta to Katherine and Leo Cooke and raised on the family farm north of Herronton. Her early school years were spent in Herronton and her high school years in Mossleigh. It was in Mossleigh that mom met the love of her life Allan. Mom and dad were married in August of 1957 and together created a loving family and over 64 years of memories.

Mom was a woman of many talents and amassed a large circle of loyal friends. Whether it was bowling, golfing, teaching Sunday school, score keeping for the Mossleigh Giants mixed slow pitch team, attending Okotoks Dawgs baseball games, running the combine, or supporting Allan in his trapshooting endeavors, her sense of adventure, sharp wit, and light hearted nature drew people to her.

In addition to her social and volunteer activities, mom was an avid gardener well into her eighties. She enjoyed tending her veggie garden at the Sheppard Family Park Community Gardens and the flower beds around her and Allan's home. Mom was also a highly skilled seamstress, painter, musician, and crafts person. When her children were young, her sewing consisted mainly of clothes for the kids or contract projects such as bridesmaid dresses, but when her and Allan retired from farming in 1998 and moved to High River, she continued her love of sewing working at Chinook Fabrics and Carla's Draperies. Mom was accomplished at just about anything she decided to try a hand at, and whether it be a quilting, knitting, crochet, or a needlepoint project, she was certain to make sure her great grandchildren all had keepsakes made by her. Mom also enjoyed playing the piano, guitar, and the accordion.

In addition to being involved in the lives of their children and their families, Sheila and Allan enjoyed traveling and their two favorite destinations were Hawaii and their timeshare in Whitefish, Montana. They enjoyed sharing their Montana cabin with family and mom's happy place was on the beach with a good book, feeling the sand between her toes.

Sheila's tenacious spirit and strength when facing adversity were tested in the last few weeks of her life; but in true mom style, she never lost her sense of humor or her desire to support those she loved. Rest in peace mom.

In Lieu of flowers, memorial donations can be made to the High River District Health Care Foundation, (www.highriverhealthfoundation.ca) or to the Tom Baker Cancer Centre (www.albertacancer.ca).

A Celebration of Sheila's Life will be held at the High River United Church on Thursday, July 7th at 1:30 pm. For those unable to attend the service a livestreamed video will be available at www.lylereeves.com .

To send condolences please visit www.lylereeves.com . Caring for the family is Lyle Reeves Funerals of High River (403) 652-4242

Previous Events

Celebration of Life Service

JUL 7. 1:30 PM (MT)

High River United Church
123 Macleod Trail South
High River, AB (CA)
(403) 652-3168
hruc@telus.net
<http://www.highriverunitedchurch.org/>

Tribute Wall



“ Lyle Reeves Funerals created a Webcast in memory of Mrs. Sheila Sue Gehrke



Lyle Reeves Funerals - July 05, 2022 at 02:06 PM

DM

Our sincere condolences and sympathy. We have many fond memories spending time with Allan, Sheila and the kids. Our hearts are saddened. Lean on each other; know that many are with you in thoughts and prayers. (((hugs)))
~Duane & Jan Mix

Duane and Jan Mix - July 06, 2022 at 05:02 PM

SR

I am so sorry. My thoughts are with you all.

Sheena Read - July 07, 2022 at 12:21 PM

LM

I'm so sorry for your loss Allen and family. My thoughts and prayers go out to all of you!

Lee-Anne Murakami - July 07, 2022 at 04:57 PM

BT

Our deepest condolences to Allan and all the Gerhke Family on Sheila's Passing. She will be missed.
Bill & Lynn Thornhill

Bill & Lynn Thornhill - July 08, 2022 at 09:09 PM

IR

Colleen, I'm so sorry for your loss of such a wonderful mom. You both were such a blessing to each other and shared a rare and beautiful bond.

ingrid Rozema - July 15, 2022 at 07:39 PM

JA

So sorry for your loss, a special person that will be missed.

Janet Aspinall - July 15, 2022 at 08:54 PM

SG

Our sincerest condolences Sheila and your family. You are in our thought. Sylvie Galarneau

Sylvie Galarneau - August 07, 2022 at 10:15 AM

KA

“ Allan , Sheila was a talented woman, I am sorry for your loss. Kara Aumuller

kara aumuller - July 15, 2022 at 06:45 PM

MM

“ Maureen Moncrieff lit a candle in memory of Mrs. Sheila Sue Gehrke



Maureen Moncrieff - July 15, 2022 at 11:22 AM

MM

Al & Family , I am so sorry for your loss of a great woman. Thoughts and prayers to you all.

Maureen Moncrieff - July 15, 2022 at 11:23 AM

WJ

“ Thinking of you all and wishing you strength. ❤️
Wendy and Denny Johnson

Wendy Johnson - July 14, 2022 at 03:52 PM

TC

“ What a wonderful neighbor Sheila was. We will forever miss the visits while barbecuing & watching her care for her beautiful flowers & plants.

Terry & Diane Charlton - July 07, 2022 at 03:12 PM

LW

“ Sincere condolences to Allen and family, Mary, Grant, Leslie and families. My thoughts are with you all.
Lynn White (Green)

Lynn White - July 07, 2022 at 02:09 PM

SR

“ Sheena Read lit a candle in memory of Mrs.
Sheila Sue Gehrke



Sheena Read - July 07, 2022 at 12:21 PM

CC

“ My deepest sympathy to the Gehrke family.
Cathy



Cathy Couey - July 07, 2022 at 11:08 AM

JS

“ *Josie Shandera lit a candle in memory of Mrs. Sheila Sue Gehrke*



Josie Shandera - July 07, 2022 at 09:52 AM

KF

“ *Karen Foley lit a candle in memory of Mrs. Sheila Sue Gehrke*



Karen Foley - July 06, 2022 at 11:17 PM

US

“ *Udo & Maria Stey lit a candle in memory of Mrs. Sheila Sue Gehrke*



Udo & Maria Stey - July 06, 2022 at 09:17 PM

US

Sending sincerest condolences to Allan and the entire Gehrke family.

Udo & Maria Stey - July 06, 2022 at 09:19 PM

CE

“ Sending sincerest condolences to the entire Gehrke family. Sheila was a lovely Lady, leaving behind many fond memories. Also, wishing to express our deepest sympathy to Sheila’s extended family; Grant & Sharon, Leslie, Sandra and Krista. Hugs to all,
Carla and Herman Elfring (Sewell)

Carla Elfring - July 06, 2022 at 06:16 PM

HW

“ Heather Wilderman lit a candle in memory of Mrs. Sheila Sue Gehrke



Heather Wilderman - July 06, 2022 at 01:23 PM

SM

“ Lit a candle in memory of Mrs. Sheila Sue Gehrke



Sharon Malmberg - July 06, 2022 at 10:31 AM

MA

“ Allan, Ray, Collen and Carol, sincerest condolences from the Mackenzie Family on the loss of Sheila.

Ed, Penny Mackenzie and Family

Mackenzie - July 05, 2022 at 11:45 PM

ES

“ *Eunice Schmuland lit a candle in memory of Mrs. Sheila Sue Gehrke*



Eunice Schmuland - July 05, 2022 at 09:55 PM

MD

“ *Marvin And Edie Despas lit a candle in memory of Mrs. Sheila Sue Gehrke*



marvin and edie despas - July 05, 2022 at 09:05 PM

GT

“ *Allan and family, we are saddened to hear of Sheila's passing. You are in our thoughts and prayers.
Diane and Gerry Thomas*

Gerry Thomas - July 05, 2022 at 09:03 PM



“ *Allan and family, Mary, Grant & Leslie, we were shocked and saddened to hear of Sheila,s passing. We will miss her big smile and positive attitude towards life. I will miss our visits back and forth and our lengthy phone calls (which I am sad to say didn't happen as often in the last couple of years) Thinking of you all, sincerest sympathy. Faye & Wayne Thurber.*

Faye Thurber - July 05, 2022 at 07:50 PM

FM

“ Allan our thoughts are with you and all your family at this time
Frank and Agnes McInenly

Frank and Agnes McInenly - July 04, 2022 at 11:33 PM

GF

“ Allan, our condolences to you and your family. We have fond memories of Shiela, and all the fun we had at the Dawgs ball games, and our other social gatherings. Sincerely Terry and Gail

Gail Friesen - July 04, 2022 at 10:31 PM

DU

“ Condolences to Allan, Raymond, Colleen and Carol as well as to Sheila's siblings Mary, Grant and Leslie. My thoughts are with you.

Duane Unterschultz

Duane Unterschultz - July 04, 2022 at 09:12 PM

RB

“ Allan & Family,

Our Deepest Sympathy to you all in your loss of Sheila. May your memories bring you comfort at this difficult time.

Rhonda & Jack Bews

Rhonda Bews - July 04, 2022 at 08:18 PM

JC

“ Allan; Our deepest sympathy on your loss. May you find comfort in your special memories of Sheila.

John & Elaine Crocker

John & Elaine Crocker - July 04, 2022 at 06:17 PM

AH

“ *Allan, Ray, Colleen, Carol and families*
Our sincere sympathy goes out to you at this very difficult time.

Allan and Karen Hurl - July 04, 2022 at 03:24 PM

WP

“ *Lila and I send our condolences to you Alan and all the family at this sad time. Sheila was always a bright spot to have around at the shoots and wherever she was, always so kind and caring. Her nice smile and great sense of humour were always welcome. Thinking of you at this time, Bill and Lila Peterson.*

William Peterson - July 04, 2022 at 01:55 PM

AD

“ *Very sorry to hear about Sheila's passing; have known her since I started shooting Trap back in the 70's. My condolences to all the family at this time.*
Allan Day

Allan Day - July 04, 2022 at 01:08 PM

TW

“ *So sorry to hear of Sheila's passing. Our thoughts and prayers are with all of her family at this difficult time.*
Wayne & Terry Wilderman

Terry Wilderman - July 04, 2022 at 12:34 PM

DL

“ *Allan, Ray, Colleen, Carol and Families,
Our deepest condolences to you all. We have so many great
memories of Sheila from over the years. We will always remember
her with fond memories.
Dale and Deb Lindquist*

Dale & Deb Lindquist - July 04, 2022 at 12:11 PM

KW

“ *Our condolences to Allan and family. Our thoughts are with you all
at this time. Ken and Rosemary Weber*

Ken and Rosemary Weber - July 04, 2022 at 10:34 AM

DM

“ *David & Tammy Meadows lit a candle in
memory of Mrs. Sheila Sue Gehrke*



David & Tammy Meadows - July 04, 2022 at 07:18 AM

JM

“ *Dear Al and family;
I am so sorry to hear of the passing of you beloved wife and mother,
Shelia.
Please except my sincere condolences for your loss Allan.
Wishing you all the best at this most sad time.*

Jon McGovern

Jon McGovern - July 04, 2022 at 05:47 AM

WL

“ Dear Al and family,
So sorry to hear of Sheila's passing, our thoughts and prayers are with you at this sad time. We remember her smile and laugh and all the fun times we had with you all at the Mossleigh Gun club and Pass shoots.
Sincerely,
Cal & Wanda Longson and family!

Wanda & Cal Longson - July 03, 2022 at 10:48 PM



“ Sending heartfelt love and condolences to all of you. Sheila was so special to me, and I always looked forward to our visits. Her smile and her joy was contagious to everyone around her. Our visits over the past 31 years always ended with a hug, something I am so grateful for, and will forever miss.
Rest In Power my dear friend. Your smile and beautiful spirit will continue on through all that knew you.

Douglas Wallace - July 03, 2022 at 05:34 PM

JC

“ My heart aches for you Al and your family. Sending prayers & hugs to help get you through this very sad time. So enjoyed our friendships with Sheila and you. God bless

Jo-Anne Chipchase - July 03, 2022 at 04:24 PM

BM

“ Sheila - always so kind, positive & happy. You will be missed. My condolences to Allen, Raymond, Colleen & Carol & families. May you Rest In Peace & brighten Heaven with your smile. Betty McWilliam & Paul Tetreau

Betty McWilliam - July 03, 2022 at 04:12 PM

RL

“ Rick & Shirley Laycraft lit a candle in memory of Mrs. Sheila Sue Gehrke



Rick & Shirley Laycraft - July 03, 2022 at 01:54 PM

RW

“ Our thoughts and prayers are with you's! Sincerely Tom & Ruth Williams

Ruth Williams - July 03, 2022 at 12:10 PM

FB

“ Condolences to Allen and kids, Mary, Grant and Leslie. Many great memories growing up as neighbors. Thoughts and prayers are with you all.

Francis Van Bussel

Francis Van Bussel - July 03, 2022 at 12:05 PM

MA

“ Our sincere condolences to Allen and family, as well as Mary, Grant, Leslie and families. We have fond memories of Sheila and the Cooke family growing up in Herronton.

*Varnita Hewitt
Murrell Adam
Curtis Westersund*

murrell adam - July 03, 2022 at 09:58 AM

AG

“ Our sincere condolences to Allan and family. Thoughts and prayers are with you.

Lloyd and Alice

Alice Groeneveld - July 02, 2022 at 10:17 PM

DB

“ We also send our condolences to Sheila's siblings - Mary, Grant & Leslie and their families. Love to all of you. We have fond memories of all of you during our growing up years that we cherish and are sad for you during this time of loss. 💕💕

Darlene & Ron Beck

Darlene & Ron Beck - July 02, 2022 at 04:10 PM

DB

“ Allan, Raymond, Colleen, Carol & families. Sending our deepest condolences to all of you upon hearing of Sheila's passing. We have such great memories of all of you and always remember Sheila with a big smile, happy face and her fun nature. Our love & prayers go out to all of you 💕💕

Darlene & Ron Beck

Darlene & Ron Beck - July 02, 2022 at 04:08 PM

BC

“ Our sympathies to Allan and family on the loss of Sheila. I have fond memories of our bowling days.

Barry and Helen Campbell - July 02, 2022 at 03:08 PM

RL

“ Allan and family. We were saddened to hear of Sheila's passing .
Our thoughts are with all of you.

Rick and Lori Lahnert

Rick Lahnert - July 02, 2022 at 02:35 PM

CH

“ Sincere Condolences to Sheila's brother Grant, Sisters Mary &
Leslie & families - cherish the memories
Eric, Cheryl, Jesse & Sarah Heinz

Cheryl Heinz - July 02, 2022 at 01:27 PM

GL

“ Gail Lewis lit a candle in memory of Mrs.
Sheila Sue Gehrke



gail lewis - July 02, 2022 at 01:26 PM

CH

“ Our sincere condolences to Allan, Ray, Colleen & Carol & families
on the passing of Sheila - she always had a huge smile for
everyone - cherish your memories.
Eric, Cheryl, Jesse & Sarah Heinz

cheryl Heinz - July 02, 2022 at 01:24 PM

MS

“ *Monty Southgate lit a candle in memory of Mrs. Sheila Sue Gehrke*



Monty Southgate - July 02, 2022 at 01:17 PM

FM

“ *My sincere sympathy to Allen and your family on the loss if Sheila. My thoughts are with you in the coming days. Frank McKeage*

Frank McKeage - July 02, 2022 at 10:40 AM

JG

“ *Deepest Sympathy Allan and family in the loss of Sheila. Our thoughts and prayers are with you all at this sad time. George and Judy*



Judy Groeneveld - July 01, 2022 at 11:34 PM

HI

“ *Sheila was such a beautiful lady inside and out, we loved the smile she always had on her face and she will be greatly missed by all her family and friends. Our deepest sympathy to you Allan and all your family.*

Howard & Ingrid - July 01, 2022 at 07:13 PM

AD

“ Allan and family, so sorry for your loss. Will always remember her big smile! Hadn't realized she wasn't well so was shocked. Take care of yourself and each other!

Arlayne Davies - July 01, 2022 at 05:21 PM

BS

“ Allen and Family. My thoughts are with you at this very sad time.
Barbara Saies-Jones
Your neighbour at 607.

Barbara Saies-Jones - July 01, 2022 at 01:22 PM

RR

“ Allen & the Gehrke Family
Please accept our deepest sympathy in the loss of Sheila. Our thoughts and prayers are with you at this sad time.

Doreen & Robbie Robertson

Robbie Robertson - July 01, 2022 at 11:54 AM

CE

“ Allen and family, so sadden to hear of your loss. Remembering all the fun times we had at the shop. A true lady.

Carla Ellice - July 01, 2022 at 11:45 AM

BT

“ Allan, Ray, Colleen, Carol and your families. Our hearts and thoughts are with you.
Pat, Gale, Brenda, Deb and Jim.

Brenda Tharle - July 01, 2022 at 10:54 AM

DM

“ Deepest sympathy Allen and family, our thoughts are with you at this sad time. Don and Lana



Don Malmberg - July 01, 2022 at 10:18 AM

LT

“ Allen, Raymond, Colleen, Carol, and your families, I am holding a special place in my heart for all of you. Take care of yourself and each other❤️☐ Laura Thurber-Larsen

Laura Thurber-Larsen - July 01, 2022 at 09:57 AM

LG

My deepest condolences to Allen & family. Sheila was a very nice lady & will be missed by many.
RIP Sheila.

Lorraine Groeneveld - July 07, 2022 at 02:01 PM

LG

“ Lisa Groeneveld lit a candle in memory of Mrs. Sheila Sue Gehrke



Lisa Groeneveld - July 01, 2022 at 09:47 AM

CR

“ *Allen and Family
Please accept our deepest sympathy on the passing of Sheila, she truly will be missed.
Robert and Colleen Tucker*

Colleen & Robert - July 01, 2022 at 09:30 AM

BM

“ *My deepest condolences to Allen & Ray, & all of your families, all the very best to everyone, Bert Montgomery*

Bert Montgomery - July 01, 2022 at 08:19 AM

SP

“ *Allen and Family... please accept my deepest condolences on the loss of Sheila..Prayers and Love.....Sherry Randle Percival*



Sherry Randle Percival - July 01, 2022 at 02:19 AM

DL

“ *Allan and family, Condolences to you on the passing of Sheila and your dear Mother.
I enjoyed meeting and sharing memories on our town trail walks. she lightened my heart with the loving pride shown for her dear family.
blessings from Deanna Linstead*

Deanna Linstead - July 01, 2022 at 12:00 AM

MC

I am very sorry to hear of the passing of Sheila. My condolences to Allan and Colleen and other members of the Gehrke Family. Mike Cain

Michael Cain - July 05, 2022 at 02:28 PM

SS

My sincere condolences to Allen, Raymond, Colleen, Carol and families as well as Mary Phyllis, Grant, Leslie and their families in loss of their dear Sheila.

I was so shocked and sad when I learned of Sheila's passing.

The Cooke family were special neighbors from the time my family moved to the Herronton area.

My love to all

Shirley Sewell.

Shirley Sewell - July 06, 2022 at 07:18 PM

LF

My sincere condolences to Allan Raymond Coleen Carol and your entire Gehrke family at this sad time. We will miss her loving smile when we get together again.

Love and prayers

Lou Smith and family

Donna and Graham Borrows family

lou smith family - July 07, 2022 at 08:35 AM