



Dr. Stephen James Finnegan

October 20, 1967 - August 12, 2025

Dr. Stephen Finnegan of Okotoks, Alberta passed away peacefully at his home, surrounded by his family on August 12, 2025 at the age of 57 years.

Steve was born in St. Annes on Sea, UK on October 20th, 1967

He has had the privilege to meet and 'touch' so many wonderful people during his life, from all walks of life and from around the world. A few people that are left to treasure his love and memories are his wife Trish, Steve's brother John, Steve's sons, Matt (Ania) and Sam (Brett) and daughter Emma (Josh), and Steve's 3 stepchildren Robyn (& granddaughter Finely), Kyle and Kayli (Bailey). Steve also had a very special second family...The Spartans!

His incredible medical career journey started back in Cape Town, South Africa in 1991. His career took him through many countries and hospitals but he found his special niche when he moved to High River, Alberta in early 2000.

As most people are aware, he was an avid outdoor & sports enthusiast....& some would even say slightly competitive?! lol!

There are so many wonderful loving memories that we can all share, so please do so with anyone you meet & keep him close to your heart.

Steve has requested that there be no formal funeral service, and in lieu of flowers to make a memorial donation to the MSF/Doctors without Borders www.doctorswithoutborders.ca.

Remember him on your next hike in the mountains.

Caring for the family is Lyle Reeves Funerals of High River (Craig Snodgrass)
403.652.4242.

Tribute Wall

DR

“ I worked as a unit clerk in High River in the early 2000s. I loved working with Dr. Finnegan. He was witty and funny and so so dedicated to his patients. I just today heard about his passing and I am so sad to hear this. We need more like him in the world. Condolences to his family, friends, and colleagues. He will be missed by so many.

Diane Randle - January 09 at 03:03 AM

BM

“ Beth McCool lit a candle in memory of Dr. Stephen James Finnegan



Beth McCool - August 26, 2025 at 12:39 PM

TH

“ I never had the privilege of meeting Dr. Finnegan myself, but seeing how Emma turned out, and given everyone else's messages, it is clear he had a kind and gentle heart. While he may have passed, his legacy lives on through all the lives he touched, the people he helped, and the indelible marks he left on his family. I hope he can rest well knowing he lived such an incredible and impactful life. I do not know what comfort my words may provide, but know you all have my deepest condolences. I cannot imagine your grief, but only wish you all the best in honoring his memory. You did good, Dr. Finnegan. Rest in peace.

Tyler Hillier - August 25, 2025 at 07:17 PM

MH

“ Sending my sincere condolences.

Melinda Hatfield - August 25, 2025 at 12:08 AM

AJ

“ To Trish and family. Our heartfelt condolences to you all on the passing of Dr Finnegan. As a colleague he was fun to be with and he was a dedicated and compassionate physician. Drs Adam and Ashref Jeeva

Adam Jeeva - August 21, 2025 at 05:39 PM

CC

“ To Trish and family, my heartfelt condolences to all of you. Dr. Finnegan was one of the kindest, compassionate and caring people I have ever knows. He brought a calmness, he showed empathy, was incredibly smart and determined and cared deeply about his patients, usually with a big smile. He will be dearly miss. Thinking of you all, Cathy

Cathy Couey - August 21, 2025 at 05:00 PM

LK

“ My deepest sympathies to Dr. Finnegans family. He was such a great physician and person. I feel blessed to have worked with him at the High River Hospital for all those years. Rest in peace Steve. Lee-Ann King



Lee-Ann King - August 21, 2025 at 02:09 PM

CO

“ So sad to hear this . One of good guys gone . Wishing his family strength and prayers.
So many great memories from my childhood.
RIP The Duke .

Colin Odendaal - August 20, 2025 at 12:32 PM

TH

“ I grew up with Stephen in Cape Town and he was like another brother. I'm really sad to hear of his passing. He was always so kind, one of my best memories is of him visiting me often in hospital when I broke my back at 17. It was such an unusual time giving gesture from a fellow teenager. May he rest in peace and love.



Tracey Hill - August 20, 2025 at 12:10 PM

AM

“ I had the privilege of working with Dr. Finnegan while at HRH. I have so many memories of him but the two that stand out the most.. One day he returned my call to the unit. When I got to the phone, he had already hung up. I called him back and he apologized saying “they were playing country music on hold and there isn't a vaccine for that yet. “ The other was the day that he ate chocolate zucchini cake that I had made and went back for a second piece. I had been trying to get him to eat homemade treats for about five years at that point. I told him if that's all it took, I'd have made that years ago. So many great stories. Sending my deepest condolences to Trish as well as family and friends.

Amanda M - August 18, 2025 at 01:15 AM



“ *Marinda Venter lit a candle in memory of Dr. Stephen James Finnegan*



Marinda Venter - August 16, 2025 at 02:13 PM

SL

“ *Stephen Laycraft lit a candle in memory of Dr. Stephen James Finnegan*



Stephen Laycraft - August 16, 2025 at 01:01 PM

SL

Being a fellow automobile enthusiast, I always knew when Dr. F was in the building, just from the presence of his beautiful blue Forester. Alas, my Forester was a dreary silver color.

Stephen Laycraft - August 16, 2025 at 01:06 PM

DN

“ *Denise Ney lit a candle in memory of Dr. Stephen James Finnegan*



Denise Ney - August 16, 2025 at 11:36 AM

RB

“ Rhonda Bews lit a candle in memory of Dr. Stephen James Finnegan



Rhonda Bews - August 16, 2025 at 11:31 AM

MP

“ I had the true HONOUR of meeting Dr. Finnegan at the High River Hospital (in late 2021 I believe) during a point in my life where my health was failing dramatically. I had seen other Doctors with negligible “results”. I was rushed into emergency and Dr. Finnegan was on shift. He entered my room with such compassion, empathy, understanding and a tenacious desire to finally ascertain my condition. He ordered a barrage of tests, followed up with me and my Dr., showing an honest interest in me as a patient but also as a person. As a result of Dr. Finnegan, my health improved dramatically, the darkness in my life dissipated and I had HOPE for the future. Dr. Finnegan was my ANGEL and I will NEVER forget what he personally did to make my life so much better. Gone way too soon. God Bless you Dr. Finnegan.



Mark Phillips - August 15, 2025 at 06:57 PM

AM

“ Angie McCormick lit a candle in memory of Dr. Stephen James Finnegan



Angie McCormick - August 15, 2025 at 06:42 PM

HM

“ Steve was such a pleasure to work with, always smiling and friendly. Such a smart kind man.
Sending you love Trish and family ☐



Haley McEachen - August 15, 2025 at 06:00 PM

DP

“ I am absolutely broken to hear of his passing 😞 I had the pleasure of working in high river hospital emergency years ago, when I got transferred to SHC he was the only one who wished me well with a hug it meant it as I was sad to leave. God bless him in heaven a beautiful soul ❤️

Debbie peacey - August 15, 2025 at 03:12 PM

DM

“ Debbie Merckx lit a candle in memory of Dr. Stephen James Finnegan



Debbie Merckx - August 15, 2025 at 02:50 PM

LL

“ Steve was such a kind and loving person. I was lucky to have worked with him for so many years. Always kind to everyone.... he had the best little grin, but alas not the best handwriting!
My thoughts, hugs and prayers to you Trish and all your family.
Keep those memories close ❤️



Laurie Light - August 15, 2025 at 02:14 PM

KE

“ My deepest sympathies to Trish and family. I had the pleasure of working many shifts with Steve in the ER and then the cancer clinic. Steve was an incredibly intelligent person, had an extensive vocabulary that we all loved and a wonderful sense of humour. He really enjoyed my ginger snap cookies and I may have used that to my advantage on occasion. He will be deeply missed.

Kim Ellsworth - August 15, 2025 at 02:07 PM

PC

“ Pamela Canavan lit a candle in memory of Dr. Stephen James Finnegan



pamela canavan - August 15, 2025 at 01:31 PM

PC

So many fond memories of Stephen he was a bit of a prankster revealing he used to put tacks on other kids a schools chairs. My thoughts are with his family. Trish thinking of you all at this very sad time

pamela canavan - August 15, 2025 at 01:33 PM

PM

“ Such a caring man. I always loved seeing his face on shift, whether in Emergency or Maternity...a pleasure to work with. He has been missed since his retirement and I'm sad to hear of his passing.

Paula McWilliam - August 15, 2025 at 12:09 PM

DW

“ Dr. Finnegan was such a kind and caring doctor and we were so lucky to have him as our family doctor. Our thoughts are with his family and everyone who loved him.

- Wheeler-Allbright Family

Dana Wheeler - August 15, 2025 at 11:15 AM

MW

“ Dr. Finnegan was a wonderful doctor to our family. Our condolences to his family.
Marg & Brian Wheeler



Marg Wheeler - August 15, 2025 at 09:47 AM

SV

“ Sherry Visosky lit a candle in memory of Dr. Stephen James Finnegan



Sherry Visosky - August 15, 2025 at 09:26 AM

RD

“ Rosemary Derbecker lit a candle in memory of Dr. Stephen James Finnegan



Rosemary Derbecker - August 15, 2025 at 09:04 AM

SG

“ Steve was one of the best both as a person and a doctor ❤️. The room always lit up when he came in with his sly smile. He will be missed, my condolences to Trish and all of his family.

Sheri Goodman - August 14, 2025 at 09:46 PM

MW

“ Murray And Kendra Wegener lit a candle in memory of Dr. Stephen James Finnegan



Murray and Kendra Wegener - August 14, 2025 at 07:43 PM

SD

“ Sharon Doll lit a candle in memory of Dr. Stephen James Finnegan



Sharon Doll - August 14, 2025 at 02:24 PM